

INTERNET DATING AND
LONG DISTANCE ADVICE
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INTERNET DATING TIPS

“Always remember that the man who walks the streets is also the man who internet dates”

I've been internet dating for many years and it's the reason I started my Instagram account, I'm still actively dating so my finger is on the pulse.

I've compiled some tips that should help you in the shit storm that's Internet dating:

- Don't swap numbers straight away. Wait until there's been a few days of continual communication and be sure to ask relevant questions to make sure your intentions / core values are aligned.
- Don't get swept up in a textathon. Remember you are a high value woman who's busy.

- Don't disclose your intent on your dating profile if you don't have to. No fucker pays attention and they're more likely to mirror your intent. Make them answer that question first.
- Don't argue with idiots! As soon as they say something wrong don't say a word, just report them and then block.
- Grow a thick skin, you'll be rejected a lot.
- Stay woke. You'll have men try and con you.
- Don't have any expectations.
- Understand its ok to send the first message, in fact apps such as bumble use it was their premise, but don't just send a "hey." Remember to ask a question, so they have something to reply to. One word messages rarely get a reply, as it isn't enough to peak my interest. **Note:** Don't send another message until he's replied. If they lines of communication has petered out and you haven't heard anything for 48 hours then either un-match or block.
- Don't drag it out!! After 10 days of no date being mentioned just fuck him off (sever all ties)

- Use at least 5 photos on your profile that include:
 - Be sure to disclose that your photos are recent, e.g. "All photos were taken within the last month, and they should be no older than 12 months
 - One full length shot
 - One of you smiling
 - One of you being active or outside having fun
 - Don't be inside your house in all of the photos
 - Don't flash loads of flesh/skin. Avoid bikini shots. It doesn't work on a long term attraction basis
 - Avoid lots of group shots or a cropped out ex
 - Don't use snapchat filters; try and be as filterless as possible
 - NO duck faces! It might look cute on your 5 year old niece but men find it a turn off.
- List your interests, likes and dislikes.

- Write a small paragraph about yourself. Don't say shit like, "I'm smart." Instead, convey this through a paragraph. Show us, don't tell us.
- Have a male friend help you write your bio.
- Don't write your name and age on the profile; we can already see it! Plus, women do this and forget to update it when it's their birthday.
- If you want a man of a certain height be sure to put that in your bio and be sure to add your height, too. Women always add, "without heels." I mean it's a good job they do that because my first question would've been, "Are you wearing high heels or stilettos when you measured yourself?"
- Don't send nude pics and if you ever do with any many at any point in time make sure your face isn't in the picture.
- Be on more than one site. Many women are on two. If you're not in a populated area use an app were geo location isn't paramount, or where it can be changed.

- Don't be surprised if you're not messaged when you match. At one point on tinder I had over 1000 matches that I'd never messaged. I'd swiped all around the world. Men are idiots, we like the little ego boosts. That's not your problem nor is it your fault. So if you're not messaged after you're matched, just imagine it was a fake profile and after 24 hours with no reply, just un-match them.
- If you want to know if a man has read your profile just put a little note towards the end of it like, "To prove you've read my profile, be sure to put the word 'amazing' in your first message to me." It'll make him use his imagination and you'll also be inviting him to send the first message.
- Paid dating sites contain mostly the same men that are on the free ones. I paid on Tinder, Match.com and other sites but my intent was still nothing serious. Paying doesn't mean he'll want what you want, so the protocol is the same.

- Always remember that as soon as you know his intention don't match you need to end it. You will not change him.

Online dating isn't for all, but you must understand that most men use it (despite what they may say) so not using it is a disadvantage, especially if you live in an isolated area.

LONG DISTANCE DATING

Reality is a bastard, but never lose sight of it. We all get carried away, especially when oxytocin and dopamine are working their magic on us, so always be mindful of that.

Here's a few things to consider and be aware of when entering into a long distance relationship:

- Beware of Sob stories. Con artists use tales of woe like financial problems and bereavement to build trust. It works because it creates a spike of oxytocin in your brain, plus it's something you would never believe that someone would lie about. They do and they will.
- Make sure you can handle it. Remind yourself he will have a life and he will come into contact with other women on a daily basis. That's just life.
- Especially beware of "military men" who are abroad, 9 times out of 10 these are scam artists using a fake profile.
- Maintain constant communication

- Skype / Facetime before you meet.
- Don't lie about who you are and make sure you find out he is who he says he is, long distance is where MANY CATFISH operate as they know you'll probably never meet.
- Meet as soon as you can, I did 2 months before flying out, so basically it was 2 months invested.
- Don't chat with men online because you've been fucked about by men locally. Make sure these men aren't the proverbial crutch.
- Don't be afraid to question his absence.
- Make sure things don't go cold after the first meeting.
- Make sure you're not just a convenient fuck. Ya know if he's in town for business etc. Those kind of men usually have wives.
- Be logical and find out if it's possible for either of you to relocate. I remember discovering the longest I could stay in the US was 90 days. No more is getting married or having a baby a valid option. Obviously you can apply for visas, but they're hard to get in most countries, so do your homework.

Note: If it's seems too good to be true, it probably is.